

Bryan Station Athletic Training

Bryan Station High School
201 Eastin Drive
Lexington, KY 40505

Dear Soccer Parents/Guardians:

I want to take this opportunity to introduce myself. My name is David "JAKE" Jacobs and I am the Certified Athletic Trainer (ATC) at Bryan Station High School. I am employed through the University of Kentucky Sports Medicine and have covered all athletics at Bryan Station High School since 1990.

As an ATC, my duties consist of injury prevention, rehabilitation, and immediate evaluation and treatment of injuries under the supervision of the physicians at the University of Kentucky Orthopaedic Surgery and Sports Medicine. My education and knowledge of sports injuries allows me to assist your son with injuries that may occur. If at any time your son is injured, please inform the coaches and myself so they can receive proper care and treatment. The University of Kentucky Sports Medicine Clinic offers a Monday-Friday walk-in clinic at 7:30 am, located at 601 Perimeter Drive off Alumni Drive. All the physicians at the University of Kentucky Sports Medicine are sports medicine fellowship trained and specialize in treating sports injuries, which may help in a speedy return to playing soccer. Please encourage your child to help prevent injuries or illnesses in athletics. This includes:

1. Please report all injuries to Coach Hacker and myself.
2. If a Doctor visit is required as result of an injury please contact me and Coach Hacker and have a written note about participation status and/or released to participate.
3. Having available any medications, inhalers, etc that may be needed (keep with your athletic equipment or give to coach or myself)
4. Inform coach and myself of any new medications or medical conditions as soon as possible
5. Help prevent spread of illness by washing clothes/equipment after each practice

If you have any questions concerning athletic injuries please feel free to contact me. I am at the high school Monday-Friday from 3 to 7pm, (later on game nights). You may reach me by phone at 859-797-5980 or email at djacobs@uky.edu.

I am looking forward to a healthy season.

Sincerely,

David "JAKE" Jacobs MA, ATC